## Wellness Committee

DATE/TIME/ROOM: September 7, 2018 2:30 p.m. 217 Conference Room

**Present** 

Pam Downing

Chasity Love Michelle Martin

Lyna McKinley
Maurice Harden

<u>Aim</u>

To ensure the health and wellness of the staff and students at The Greene County Career Center.

## **Agenda**

- Brittney from Kettering Health Corporate Wellness- Came in to present wellness
   options they can offer to the Career Center
- 2. Taste of Greene- Brainstormed ideas for tastes of Greene this school year
- 3. Parent and student member- Cindy Morris? Couple health sci and sports and exercise student ideas. Emily Hassan a senior from health sci will be our student member.
- 4. Member Input- None

## **Assessment**

I can motivate staff to participate in any of our numerous wellness ideas.